We claim:

5

10

1. A compound having the formula:

$$Y_2O^{H}$$
 R_6
 R_8

where Y_1 and Y_2 , which may be the same or different, are each selected from the group consisting of hydrogen and a hydroxy-protecting group, R_6 and R_8 , which may be the same or different, are each selected from the group consisting of hydrogen, alkyl, hydroxyalkyl and fluoroalkyl, or, when taken together represent the group $-(CH_2)_x$ — where x is an integer from 2 to 5, and where the group R is represented by the structure:

where the stereochemical center at carbon 20 may have the R or S configuration, and where Z is selected from Y, -OY, -CH₂OY, -C \equiv CY and -CH=CHY, where the double bond may have the cis or trans geometry, and where Y is selected from hydrogen, methyl, -COR⁵ and a radical of the structure:

$$-(CH_2)_m$$
 $-(CH_2)_n$ $-(CH$

where m and n, independently, represent the integers from 0 to 5, where R^1 is selected from hydrogen, deuterium, hydroxy, protected hydroxy, fluoro, trifluoromethyl, and C_{1-5} -alkyl, which may be straight chain or branched and, optionally, bear a hydroxy or protected-hydroxy substituent, and where each of R^2 , R^3 , and R^4 , independently, is selected from deuterium, deuteroalkyl, hydrogen, fluoro, trifluoromethyl and C_{1-5} alkyl, which may be straight-chain or branched, and optionally, bear a hydroxy or protected-hydroxy substituent, and where R^1 and R^2 , taken together, represent an oxo group, or an alkylidene group, $=CR^2R^3$, or the group $-(CH_2)_p$ -, where p is an integer from 2 to 5, and where R^3 and R^4 , taken together, represent an oxo group, or the group $-(CH_2)_q$ -, where q is an integer from 2 to 5, and where R^5 represents hydrogen, hydroxy, protected hydroxy, or C_{1-5} alkyl and wherein any of the CH-groups at positions 20, 22, or 23 in the side chain may be replaced by a nitrogen atom, or where any of the groups $-CH(CH_3)$ -, $-(CH_2)$ m-, $-(CH_2)$ n-, or $-(CR_1R_2)$ - at positions 20, 22, and 23, respectively, may be replaced by an oxygen or sulfur atom.

15

20

25

2. The compound of claim 1 where R is a side chain of the formula

3. The compound of claim 1 where R is a side chain of the formula

4. The compound of claim 1 where R is a side chain of the formula

5. The compound of claim 1 where R is a side chain of the formula

6. The compound of claim 1 where R is a side chain of the formula

7. The compound of claim 1 where R is a side chain of the formula

8. The compound of claim 1 where R is a side chain of the formula

9. The compound of claim 1 where R is a side chain of the formula

10. The compound of claim 1 where R is a side chain of the formula

11. The compound of claim 1 where R is a side chain of the formula

- 12. (20S)-2-methylene-18,19-dinor-1α,25-dihydroxyvitamin D₃.
- 13. A pharmaceutical composition containing an effective amount of at least one compound as claimed in claim 1 together with a pharmaceutically acceptable excipient.
- 14. The pharmaceutical composition of claim 13 wherein said effective amount comprises from about 0.01µg to about 100µg per gram of composition.
- 15. The pharmaceutical composition of claim 13 wherein said effective amount comprises from about 0.1µg to about 50µg per gram of composition.
- 16. The pharmaceutical composition of claim 13 containing (20S)-2-methylene-18,19-dinor- 1α ,25-dihydroxyvitamin D_3 in an amount from about $0.01\mu g$ to about $100\mu g$.
- 17. The pharmaceutical composition of claim 13 containing (20S)-2-methylene-18,19-dinor-1 α ,25-dihydroxyvitamin D_3 in an amount from about 0.1 μ g to about 50 μ g.
 - 18. A compound having the formula:

19. A compound having the formula:

where X^2 is -H or a hydroxy protecting group.

20. A compound having the formula:

21. A compound having the formula:

where X^3 is -H or a hydroxy protecting group.

22. A method of treating metabolic bone disease where it is desired to maintain or increase bone mass comprising administering to a patient with said disease an effective amount of a compound having the formula:

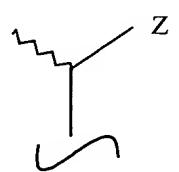
5

10

15

20

where Y_1 and Y_2 , which may be the same or different, are each selected from the group consisting of hydrogen and a hydroxy-protecting group, R_6 and R_8 , which may be the same or different, are each selected from the group consisting of hydrogen, alkyl, hydroxyalkyl and fluoroalkyl, or, when taken together represent the group $-(CH_2)_x$ — where x is an integer from 2 to 5, and where the group R is represented by the structure:



where the stereochemical center at carbon 20 may have the R or S configuration, and where Z is selected from Y, -OY, -CH₂OY, -C \equiv CY and -CH=CHY, where the double bond may have the cis or trans geometry, and where Y is selected from hydrogen, methyl, -COR⁵ and a radical of the structure:

$$-(CH_2)_m$$
 $-(CH_2)_n$ $-(CH$

where m and n, independently, represent the integers from 0 to 5, where R¹ is selected from hydrogen, deuterium, hydroxy, protected hydroxy, fluoro,

trifluoromethyl, and C₁₋₅-alkyl, which may be straight chain or branched and, optionally, bear a hydroxy or protected-hydroxy substituent, and where each of R², R³, and R⁴, independently, is selected from deuterium, deuteroalkyl, hydrogen, fluoro, trifluoromethyl and C₁₋₅ alkyl, which may be straight-chain or branched, and optionally, bear a hydroxy or protected-hydroxy substituent, and where R¹ and R², taken together, represent an oxo group, or an alkylidene group, =CR²R³, or the group -(CH₂)_p-, where p is an integer from 2 to 5, and where R³ and R⁴, taken together, represent an oxo group, or the group -(CH₂)_q-, where q is an integer from 2 to 5, and where R⁵ represents hydrogen, hydroxy, protected hydroxy, or C₁₋₅ alkyl and wherein any of the CH-groups at positions 20, 22, or 23 in the side chain may be replaced by a nitrogen atom, or where any of the groups -CH(CH₃)-, -(CH₂)_m-, -(CH₂)_n- or -(CR₁R₂)- at positions 20, 22, and 23, respectively, may be replaced by an oxygen or sulfur atom.

- 23. The method of claim 22 where the disease is senile osteoporosis.
- 24. The method of claim 22 where the disease is postmenopausal osteoporosis.
- 25. The method of claim 22 where the disease is steroid-induced osteoporosis.
- 26. The method of claim 22 where the disease is low bone turnover osteoporosis.
 - 27. The method of claim 22 where the disease is osteomalacia.
 - 28. The method of claim 22 where the disease is renal osteodystrophy.
- 29. The method of claim 22 wherein the compound is administered orally.
- 30. The method of claim 22 wherein the compound is administered parenterally.

- 31. The method of claim 22 wherein the compound is administered transdermally.
- 32. The method of claim 22 wherein the compound is administered in a dosage of from $0.01\mu g$ to $100\mu g$ per day.
- 33. The method of claim 22 wherein the compound is (20S)-2-methylene-18,19-dinor-1 α ,25-dihydroxyvitamin D₃.
- 34. A method of treating psoriasis comprising administering to a patient with psoriasis an effective amount of a compound having the formula:

$$Y_2O^{H}$$
 R_6
 R_8

where Y₁ and Y₂, which may be the same or different, are each selected from the group consisting of hydrogen and a hydroxy-protecting group, R₆ and R₈, which may be the same or different, are each selected from the group consisting of hydrogen, alkyl, hydroxyalkyl and fluoroalkyl, or, when taken together represent the group –(CH₂)_x– where x is an integer from 2 to 5, and where the group R is represented by the structure:

where the stereochemical center at carbon 20 may have the R or S configuration, and where Z is selected from Y, -OY, -CH₂OY, -C \equiv CY and -CH \equiv CHY, where the double bond may have the cis or trans geometry, and where Y is selected from hydrogen, methyl, -COR⁵ and a radical of the structure:

15

20

25

30

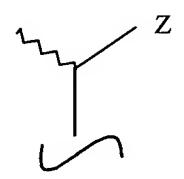
$$R^{1}$$
 R^{2} R^{3} C CH_{2} CH_{2} R^{5}

where m and n, independently, represent the integers from 0 to 5, where R^1 is selected from hydrogen, deuterium, hydroxy, protected hydroxy, fluoro, trifluoromethyl, and C_{1-5} -alkyl, which may be straight chain or branched and, optionally, bear a hydroxy or protected-hydroxy substituent, and where each of R^2 , R^3 , and R^4 , independently, is selected from deuterium, deuteroalkyl, hydrogen, fluoro, trifluoromethyl and C_{1-5} alkyl, which may be straight-chain or branched, and optionally, bear a hydroxy or protected-hydroxy substituent, and where R^1 and R^2 , taken together, represent an oxo group, or an alkylidene group, $= CR^2R^3$, or the group $= (CH_2)_p$, where p is an integer from 2 to 5, and where R^3 and R^4 , taken together, represent an oxo group, or the group $= (CH_2)_q$, where q is an integer from 2 to 5, and where R^5 represents hydrogen, hydroxy, protected hydroxy, or C_{1-5} alkyl and wherein any of the CH-groups at positions 20, 22, or 23 in the side chain may be replaced by a nitrogen atom, or where any of the groups $= CH(CH_3)_{-1}$, $= (CH_2)_{m}$, $= (CH_2)_{n}$, or $= (CR_1R_2)_{-1}$ at positions 20, 22, and 23, respectively, may be replaced by an oxygen or sulfur atom.

- 35. The method of claim 34 wherein the compound is administered orally.
- 36. The method of claim 34 wherein the compound is administered parenterally.

- 37. The method of claim 34 wherein the compound is administered transdermally.
- 38. The method of claim 34 wherein the compound is administered topically.
- 39. The method of claim 34 wherein the compound is (20S)-2-methylene-18,19-dinor-1 α ,25-dihydroxyvitamin D₃.
- 40. The method of claim 34 wherein said effective amount comprises about $0.01\mu g/day$ to about $100\mu g/day$ of said compound.
- 41. A method of treating leukemia, colon cancer, breast cancer, skin cancer or prostate cancer comprising administering to a patient an effective amount of a compound having the formula:

where Y₁ and Y₂, which may be the same or different, are each selected from the group consisting of hydrogen and a hydroxy-protecting group, R₆ and R₈, which may be the same or different, are each selected from the group consisting of hydrogen, alkyl, hydroxyalkyl and fluoroalkyl, or, when taken together represent the group –(CH₂)_x– where x is an integer from 2 to 5, and where the group R is represented by the structure:



where the stereochemical center at carbon 20 may have the R or S configuration, and where Z is selected from Y, -OY, -CH₂OY, -C \equiv CY and -CH \equiv CHY, where the double bond may have the cis or trans geometry, and where Y is selected from hydrogen, methyl, -COR⁵ and a radical of the structure:

$$R^{1}$$
 R^{2} R^{3} C CH_{2} CH_{2} R^{5}

where m and n, independently, represent the integers from 0 to 5, where R^1 is selected from hydrogen, deuterium, hydroxy, protected hydroxy, fluoro, trifluoromethyl, and C_{1-5} -alkyl, which may be straight chain or branched and, optionally, bear a hydroxy or protected-hydroxy substituent, and where each of R^2 , R^3 , and R^4 , independently, is selected from deuterium, deuteroalkyl, hydrogen, fluoro, trifluoromethyl and C_{1-5} alkyl, which may be straight-chain or branched, and optionally, bear a hydroxy or protected-hydroxy substituent, and where R^1 and R^2 , taken together, represent an oxo group, or an alkylidene group, $=CR^2R^3$, or the group $-(CH_2)_p$ -, where p is an integer from 2 to 5, and where R^3 and R^4 , taken together, represent an oxo group, or the group $-(CH_2)_q$ -, where q is an integer from 2 to 5, and where R^5 represents hydrogen, hydroxy, protected hydroxy, or C_{1-5} alkyl and wherein any of the CH-groups at positions 20, 22, or 23 in the side chain may be replaced by a nitrogen atom, or where any of the groups $-CH(CH_3)$ -, $-(CH_2)_m$ -, $-(CH_2)_n$ - or $-(CR_1R_2)$ - at positions 20, 22, and 23, respectively, may be replaced by an oxygen or sulfur atom.

- 42. The method of claim 41 wherein the compound is administered orally.
- 43. The method of claim 41 wherein the compound is administered parenterally.
- 44. The method of claim 41 wherein the compound is administered transdermally.
- 45. The method of claim 41 wherein the compound is administered in a dosage of from about $0.01\mu g/day$ to about $100 \mu g/day$.
- 46. The method of claim 41 wherein the compound is (20S)-2-methylene-18,19-dinor-1 α ,25-dihydroxyvitamin D_3 .
- 47. A method of increasing the strength of a bone comprising administering to a patient in need of such treatment an effective amount of a compound having the formula:

$$Y_2O^{H}$$
 R_6
 R_8
 N_1
 N_2O^{H}
 N_1
 N_2O^{H}
 N_1
 N_2O^{H}
 N_2O^{H}
 N_3O^{H}
 N_4
 N_4
 N_6
 N_8

where Y₁ and Y₂, which may be the same or different, are each selected from the group consisting of hydrogen and a hydroxy-protecting group, R₆ and R₈, which may be the same or different, are each selected from the group consisting of hydrogen, alkyl, hydroxyalkyl and fluoroalkyl, or, when taken together represent

the group $-(CH_2)_x$ — where X is an integer from 2 to 5, and where the group R is represented by the structure:

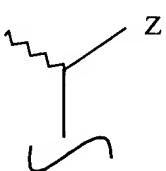
10

15

20

25

30



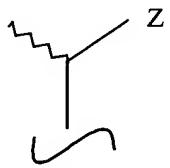
where the stereochemical center at carbon 20 may have the R or S configuration, and where Z is selected from Y, -OY, -CH₂OY, -C \equiv CY and -CH \equiv CHY, where the double bond may have the cis or trans geometry, and where Y is selected from hydrogen, methyl, -COR⁵ and a radical of the structure:

$$-(CH_2)_m$$
 $-(CH_2)_n$ $-(CH$

where m and n, independently, represent the integers from 0 to 5, where R^1 is selected from hydrogen, deuterium, hydroxy, protected hydroxy, fluoro, trifluoromethyl, and C_{1-5} -alkyl, which may be straight chain or branched and, optionally, bear a hydroxy or protected-hydroxy substituent, and where each of R^2 , R^3 , and R^4 , independently, is selected from deuterium, deuteroalkyl, hydrogen, fluoro, trifluoromethyl and C_{1-5} alkyl, which may be straight-chain or branched, and optionally, bear a hydroxy or protected-hydroxy substituent, and where R^1 and R^2 , taken together, represent an oxo group, or an alkylidene group, $=CR^2R^3$, or the group $-(CH_2)_p$ -, where p is an integer from 2 to 5, and where R^3 and R^4 , taken together, represent an oxo group, or the group $-(CH_2)_q$ -, where q is an integer from 2 to 5, and where R^5 represents hydrogen, hydroxy, protected hydroxy, or C_{1-5} alkyl and wherein any of the CH-groups at positions 20, 22, or 23 in the side chain may be replaced by a nitrogen atom, or where any of the groups $-CH(CH_3)$ -, $-(CH_2)_m$ -, $-(CH_2)_n$ - or $-(CR_1R_2)$ - at positions 20, 22, and 23, respectively, may be replaced by an oxygen or sulfur atom.

- 48. The method of claim 47 wherein the bone strength is cortical strength.
- 49. The method of claim 47 wherein the bone strength is trabecular strength.
- 50. The method of claim 47 wherein the compound is administered orally.
- 51. The method of claim 47 wherein the compound is administered parenterally.
- 52. The method of claim 47 wherein the compound is administered transdermally.
- 53. The method of claim 47 wherein the compound is administered in a dosage of from $0.01\mu g$ to $100\mu g$ per day.
- 54. The method of claim 47 wherein the compound is (20S)-2-methylene-18,19-dinor-1 α ,25-dihydroxyvitamin D₃.
- 55. A method of treating an autoimmune disease comprising administering to a patient with said disease an effective amount of a compound having the formula

where Y_1 and Y_2 which may be the same or different, are each selected from the group consisting of hydrogen and a hydroxy-protecting group, R_6 and R_8 , which may be the same or different, are each selected from the group consisting of hydrogen, alkyl, hydroxyalkyl and fluoroalkyl, or, when taken together represent the group $-(CH_2)_x$ — where x is an integer from 2 to 5, and where the group R is represented by the structure:



10

5

where the stereochemical center at carbon 20 may have the R or S configuration, and where Z is selected from Y, -OY, -CH₂OY, -C \equiv CY and -CH=CHY, where the double bond may have the cis or trans geometry, and where Y is selected from hydrogen, methyl, -COR⁵ and a radical of the structure:

$$R^{1}$$
 R^{2} R^{3} C CH_{2} CH_{2} R^{3} R^{4}

15

20

25

where m and n, independently, represent the integers from 0 to 5, where R^1 is selected from hydrogen, deuterium, hydroxy, protected hydroxy, fluoro, trifluoromethyl, and C_{1-5} -alkyl, which may be straight chain or branched and, optionally, bear a hydroxy or protected-hydroxy substituent, and where each of R^2 , R^3 , and R^4 , independently, is selected from deuterium, deuteroalkyl, hydrogen, fluoro, trifluoromethyl and C_{1-5} alkyl, which may be straight-chain or branched, and optionally, bear a hydroxy or protected-hydroxy substituent, and where R^1 and R^2 , taken together, represent an oxo group, or an alkylidene group, $=CR^2R^3$, or the group $-(CH_2)_p$ -, where p is an integer from 2 to 5, and where R^3 and R^4 , taken together, represent an oxo group, or the group $-(CH_2)_q$ -, where q is an integer from 2 to 5, and where R^5 represents hydrogen, hydroxy, protected hydroxy, or C_{1-5}

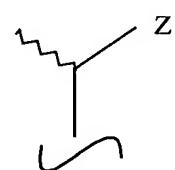
alkyl and wherein any of the CH-groups at positions 20, 22, or 23 in the side chain may be replaced by a nitrogen atom, or where any of the groups -CH(CH₃)-, - $(CH_2)m$ -, - $(CH_2)n$ -, or - (CR_1R_2) - at positions 20, 22, and 23, respectively, may be replaced by an oxygen or sulfur atom.

- The method of claim 55 where the disease is multiple sclerosis. 56.
- 57. The method of claim 55 where the disease is diabetes mellitus.
- The method of claim 55 where the disease is lupus. 58.

30

- 59. The method of claim 55 wherein the compound is administered orally.
- The method of claim 55 wherein the compound is administered 60. parenterally.
- 61. Them method of claim 55 wherein the compound is administered transdermally.
- 62. The method of claim 55 wherein the compound is administered in a dosage of from about 0.01 µg/day to about 100 µg/day.
- 63. The method of claim 55 wherein the compound is (20S)-2methylene-18,19-dinor- 1α ,25-dihydroxyvitamin D₃.
- A method of treating an inflammatory bowel disease comprising 64. administering to a patient with said disease an effective amount of a compound having the formula

where Y_1 and Y_2 which the same or different, are each selected from the group consisting of hydrogen and a hydroxy-protecting group, R_6 and R_8 , which may be the same or different, are each selected from the group consisting of hydrogen, alkyl, hydroxyalkyl and fluoroalkyl, or, when taken together represent the group $-(CH_2)_x$ — where x is an integer from 2 to 5, and where the group R is represented by the structure:



where the stereochemical center at carbon 20 may have the R or S configuration, and where Z is selected from Y, -OY, -CH₂OY, -C \equiv CY and -CH \equiv CHY, where the double bond may have the cis or trans geometry, and where Y is selected from hydrogen, methyl, -COR⁵ and a radical of the structure:

10

15

20

$$R^{1}$$
 R^{2} R^{3} C CH_{2} CH_{2} R^{3} R^{4}

where m and n, independently, represent the integers from 0 to 5, where R^1 is selected from hydrogen, deuterium, hydroxy, protected hydroxy, fluoro, trifluoromethyl, and C_{1-5} -alkyl, which may be straight chain or branched and, optionally, bear a hydroxy or protected-hydroxy substituent, and where each of R^2 , R^3 , and R^4 , independently, is selected from deuterium, deuteroalkyl, hydrogen, fluoro, trifluoromethyl and C_{1-5} alkyl, which may be straight-chain or branched, and optionally, bear a hydroxy or protected-hydroxy substituent, and where R^1 and R^2 , taken together, represent an oxo group, or an alkylidene group, = CR^2R^3 , or the group - $(CH_2)_p$ -, where p is an integer from 2 to 5, and where R^3 and R^4 , taken together, represent an oxo group, or the group - $(CH_2)_q$ -, where q is an integer from 2 to 5, and where R^5 represents hydrogen, hydroxy, protected hydroxy, or C_{1-5}

alkyl and wherein any of the CH-groups at positions 20, 22, or 23 in the side chain may be replaced by a nitrogen atom, or where any of the groups -CH(CH₃)-, -(CH₂)m-, -(CH₂)n-, or -(CR₁R₂)- at positions 20, 22, and 23, respectively, may be replaced by an oxygen or sulfur atom.

25

- 65. The method of claim 64 wherein the disease is Crohn's disease.
- 66. The method of claim 64 wherein the disease is ulcerative colitis.
- 67. The method of claim 64 wherein the compound is administered orally.
- 68. The method of claim 64 wherein the compound is administered parenterally.
- 69. The method of claim 64 wherein the compound is administered transdermally.
- 70. The method of claim 64 wherein the compound is administered in a dosage of from about 0.01 μ g/day to about 100 μ g/day.
- 71. The method of claim 64 wherein the compound is (20S)-2-methylene-18,19-dinor-1 α ,25-dihydroxyvitamin D_3 .